



Lindley Dental

Caring for your smile



Lindley Dental Centre

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**ZOOM!**  
*Advanced Power*



www.lindleydental.co.uk

## Our Guide to

# Cosmetic Dentistry

*From whitening to veneers; crowns to tooth coloured fillings... We'll give you something to smile about!*

### Teeth Whitening

We are pleased to be able to offer our customers a choice between two professional whitening systems.

#### Zoom! – 'In Surgery' Whitening

With our in-house 'Zoom!' tooth whitening system we can usually treat your teeth in a little over an hour, providing instant and visible results.

A light-activated whitening gel is applied to your teeth by the dentist in the surgery. The gel works in combination with the patented Zoom! light to remove stains and discolouration.

Throughout the treatment your lips and gums are fully protected. The gel is washed off after 15 minutes and the whitening effect assessed. Fresh gel is reapplied as necessary.

This rapid treatment takes about 90 minutes and costs:

For registered patients	£395
For non-registered patients	£445



#### 'At Home' Whitening

We also offer an alternative method of teeth whitening, that can easily be undertaken at home. Trays, similar to gum shields, are custom-made to fit over your teeth after moulds have been taken. The bleaching gel (provided) is then put into the trays, before placing them on your teeth. The trays are then worn overnight. Trays are usually worn for 14 nights depending on the desired end-shade.

The cost for a 2 week treatment (incl. both upper & lower teeth) is:

For registered patients	£295
For non-registered patients	£345

*continued overleaf...*

## Our Guide to Cosmetic Dentistry

### Whitening... *continued*

Both techniques work best on teeth that have become brown or yellow as teeth that are grey can be more resistant. Some patients find that their teeth become sensitive after whitening. A slower approach may be needed and de-sensitising agents can be used when required. Occasionally bleaching may not be possible, your dentist will be able to advise you.



These treatments are simple to carry out and can really brighten your smile without having to resort to extensive dental work. Teeth may eventually need whitening again. The second time around is usually quicker and if you keep your trays, can be done at a reduced price. For further information please refer to 'Our Guide to Teeth Whitening'. Available in practice or online from [www.lindleydental.co.uk/guides](http://www.lindleydental.co.uk/guides)

### Veneers

Veneers are a cosmetic restoration, which can be used to cover discoloured teeth, or to re-align poorly positioned teeth. They are like a false fingernail made of porcelain, which is glued very tightly to the front of your tooth. They only cover one side of your tooth. A small amount of the front of your tooth is removed to provide this type of restoration. As veneers are made of porcelain they can be expertly matched to your teeth.

Price (per veneer) £285  
Denplan (lab fees only) £80

### Crowns

For heavily restored teeth, crowns can provide the best cosmetic solution. Please refer to 'Our Guide to Crowns'. Pick-up a copy at the practice or download one from [www.lindleydental.co.uk/guides](http://www.lindleydental.co.uk/guides)

### White Fillings

Although amalgam (silver) fillings are hard wearing and serviceable some people find it's metallic appearance off putting. Many teeth are suitable for a direct white filling. Larger white fillings need to be made in the lab and then cemented in place. If you are interested in having white fillings please discuss it with your dentist. They will be happy to advise you and provide you with an estimate.



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