



Lindley Dental

Caring for your smile



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## Our Guide to

# Partial Dentures

*Dentures are provided by your dentist to replace missing teeth. Some people call them “plates” or “false teeth”.*

### Introduction

Having a new denture made is a team effort involving the dentist, the dental technician and yourself. A denture may be required for cosmetic reasons and to enable you to enjoy your food. It is important for you to decide what you want from your new teeth and discuss it fully with your dentist. Dentures can be made to replace as little as one tooth or to replace all your teeth — a full set.

### The Denture Process...

To make dentures takes the dentist about four visits:

**Visit one** – The dentist takes an impression (mould) of both upper and lower jaws.

**Visit two** – Using models made by the dental technician from the impressions, and some wax blocks, the dentist records the way you bite. You help the dentist choose the type, shape and colour of teeth you want for your denture. Prices will vary according to the quality you choose. A second impression is often taken, this is done in a custom made tray. This helps to get an accurate fit for your dentures.

**Visit three** – This is the ‘try-in’ stage when the denture is made with a wax plate so that you can see if you are happy with the appearance of your teeth and the dentist can check your bite. This is a very important stage to get your looks just right so you can bring someone with you if you need a second opinion. Anything that you are not happy with can be changed at this stage. This stage can be repeated until you are happy with your teeth.

**Visit four** – This is the final visit when your new teeth are fitted. The dentist makes sure you are comfortable with them before you take them home to try them out.

**Adjustments** – Just like a new pair of shoes your teeth may need some “wearing-in” and a little time for you to get used to them. However new teeth may rub and cause ulcers; if this is the case we like to see you as soon as possible in order to make you comfortable. Please ring the surgery first thing in the morning and we will endeavour to see you the same day – a minor adjustment by us can make a big difference to you.

*Continued overleaf...*

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### Immediate Dentures

These are not a different type of denture but a different type of treatment. If you are in a situation when you are going to lose a tooth but it is unacceptable for you to have a gap for any length of time, then an immediate denture maybe constructed. An impression is taken before you lose your tooth and the technician makes a plastic denture with the replacement tooth / teeth on it.

When you see your dentist to have the tooth removed the new denture is fitted as the same visit, so you don't have a gap at any time. This is especially recommended if a front tooth is to be lost. Sometimes if the tooth which is to be lost does not show it is better to wait for the gum to fully heal and reshape itself before having a denture made - this way the denture will last longer.

Immediate dentures are temporary dentures, they are designed to last about six months whilst your gum heals and reshapes. You will then need a new denture or even a bridge to replace the immediate denture. Immediate dentures lose fit very rapidly as your gum changes shape and are a stop gap treatment.

### Types of partial denture:

**Acrylic dentures** – These are light and made of plastic. Different qualities are available as described below:

**Standard acrylic dentures** – These have a standard quality tooth. The gum work is in a strong plastic and is contoured.

**Deluxe acrylic dentures** – These have high quality teeth that are more cosmetic and very hard wearing. Again high strength plastic is used. The palate can be made in clear plastic if required. Prices depend upon how many teeth are being replaced.

Teeth	Pay as you go		Denplan price	
	Standard	Deluxe	Standard	Deluxe
1-3	£289	£297	£87	£95
4-8	£316	£348	£97	£129
9+	£345	£365	£126	£143

**Chrome / Cobalt dentures** – These dentures have cosmetic plastic teeth supported on a metal framework. As metal is stronger than plastic it can be made thinner and often allows a denture to be made without a full palate, leaving the roof of your mouth free. Special clasps and clips made as part of the framework grip the denture to your own teeth giving added security. Usually the denture does not have to fit as close to the gums, which is healthier. They are a very good choice for those who find it difficult to tolerate things touching the roof of their mouth.

Price (Chrome / Cobalt denture)  
from £300

Please Note: Prices are intended as a guide and may be subject to change without prior notice.

